

## ABSTRACT

The present invention aims at providing novel spread and edible oil having many excellent characteristics as a spread or an edible oil, new mouth-feel and flavor which are not encountered in the conventional spread and edible oil, and excellent storage property and excellent operationality. As a result of the investigation, the inventors of the present invention found that, when an edible oil and a suitable emulsifier, or a composition made into a water-in-oil type emulsion in use is filled with a suitable gas propellant into an aerosol container, a discharged food is foamed to be in the mousse foam at the time of jetting. The inventors further found that the obtained mousse-type food can be used as novel mousse-type spread and mousse-type edible oil which not only shows excellent characteristics as a spread and an edible oil, but also has a new mouth-feel and flavor which are not encountered in the conventional food, and further show excellent storage property and excellent operationality. The above-mentioned object of the present invention was thus solved.